

Sacred Heart RC Primary School Autumn

	Week 1 4th and 25th Sept, 16th Oct, 13th Nov, 4th Dec	Week 2 11th Sept, 2nd and 30th Oct, 20th Nov, 11th Dec	Week 3 18th Sept, 9th Oct, 6th and 27th Nov, 18th Dec
Meat Free Monday	Quorn Tikka Masala and Brown Rice Broccoli and Sweetcorn Crusty Bread Sticky Toffee Pudding and Custard	Pizza Potato Wedges Vegetable Sticks Custard Cookie	Cheese and Tomato Pasta Peas and Sweetcorn Crusty Bread Chocolate Cake and Chocolate Sauce
Tuesday	Homemade Sausage Roll Potato Wedges Baked Beans Strawberry Yoghurt and Fruit	Cottage Pie Medley of Vegetables Pitta Bread Arctic Roll	Homemade Chicken Korma Brown Rice Broccoli and Cauliflower Naan Bread Bananas and Custard
Roast Dinner Wednesday	Minced Beef and Yorkshire Puddings Roast Potatoes Carrots and Green Beans Abbey Biscuit	Roast Chicken and Gravy Creamed Potatoes Swede and Green Beans Fruit and Vanilla Sauce	Roasted Beef and Potato Bake Carrots and Peas Fruity Gingerbread and Custard
Thursday	Chicken Fingers Boiled Potatoes Mixed Salad Pitta Bread Shortbread Finger	Organic Meatballs in Tomato Sauce Noodles Sweetcorn and Peas Wholemeal Bread Apple Cinnamon Crunch and Custard	Beef and Dumplings Potatoes Savoy Cabbage and Sweetcorn Autumn Berry Sponge
Fish and Chip Friday	Battered Fish and Chips Tomato Sauce Peas and Carrots Crusty Bread Chocolate Crispie	Salmon Fillet and Chips Sweetcorn and Carrots Crusty Bread Swiss Bun	Fish Fingers and Chips Baked Beans Crusty Bread Apple Cake